



# MARY PACK ARTHRITIS PROGRAM

A part of the Vancouver Coastal Health Authority

## Occupational Therapy Foot Assessment

OTIB-5  
Revised 2007

Name: \_\_\_\_\_

Chart #: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Date: \_\_\_\_\_

Subjective Complaints:

History / Previous treatment:

WB Activity / Tolerance:

### SITTING / SUPINE

### RIGHT

### LEFT

	Pain / Inflamm.	ROM(√, ↑, ↓)	Pain / Inflamm.	ROM(√, ↑, ↓)
Hip / Knee				
Ankle				
Subtalar Joint (P T Tendonitis)				
Midtarsal Joint				
Heel (Pl. Fasc.)				
1 <sup>st</sup> MTP				
MTP's ( 2 - 5 )				
IP's ( 1 - 5 )				

- P Pain
- S Swelling
- D Dropped MT Head
- H Hammer/Claw Toe
- HV Hallux Valgus
- B Bony Prominence
- FP Fat Pad
- C Callus
- O Corn
- W Wart
- MT Morton's Toe
- MN Morton's Neuroma

Right

Left



STANDING	RIGHT	LEFT
Knees / Tibia ( neutral, varum, valgus )		
Hindfoot ( vertical, varus, valgus )		
Subtalar Joint ↑pronation, ↑ supination		
Medial Arch ( normal, ↓ , ↑ , PTT function )		
Toes (crossing, hammer / claw toes, splaying, NWB )		
Leg Length / posture		

WALKING	RIGHT	LEFT
Contact ( inverted, everted, avoids heel strike, heavy landing)		
Stance (↑pronation, ↑ supination, in / out toe, short stance)		
Propulsion ( early / late supination, abd. twist, apropulsive )		

Gait (symmetry, balance, base size, stride length, stance time, speed ):

Footwear / wear pattern:

Lab Info: Shoe Size:

Body weight:

PRONE LYING

RIGHT

LEFT

Hindfoot ROM / position (neutral, varus, valgus)		
Forefoot position (neutral, varus, valgus, rigid or flexible)		
Equinus: Ankle D/F ( ROM knee flexed minus knee extended )		

PROBLEMS / TREATMENT PLAN: